



NEWS AND NEIGHBORS

Newport News Redevelopment and Housing Authority

August 2022

Volume 29, Issue 8



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Peninsula Health District Back to School Immunization Clinics

Walk-in Only

All childhood/school required vaccines offered

Location:

Peninsula Health Center
416 J Clyde Morris Blvd
Newport News, VA 23601

All Dates in August ONLY:

1st (Early Bird) - 8AM-3:30PM
(first 50 clients)

15th, 17th, 19th, 22nd, 24th,
29th, 30th, 31st - 8AM-4PM
(first 75 clients)

26th - 7:30AM-4:30PM
(first 85 clients)

Please Note:

- Parents and guardians are required to bring their **picture ID, the child's health insurance card** (if they have one), and the **child's vaccination record** in order to receive vaccines.
- Parents and guardians are encouraged to take advantage of the August 1st Early Bird offering to beat the crowds.
- We vaccinate on other days, but an appointment is required.
- Insurance may be billed, if any.



For more information, call the Peninsula Health Districts' Immunization Clinic at **757-594-7410**



Protect the ones you love,
get vaccinated now.



Hampton and Peninsula
HEALTH DISTRICTS

Outdoor Grilling Safety Rules

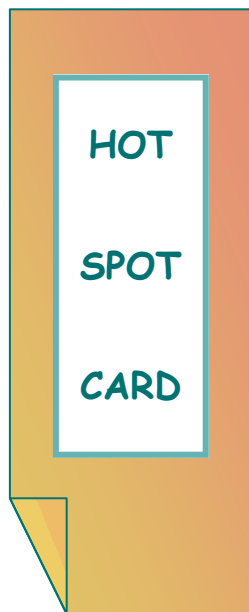


- Electric Grills are still allowed for both indoor and outdoor usage.
- Propane Grills, Dual Fuel grills and Propane Turkey Fryers **are not permitted**.
- Outdoor charcoal, hibachi and wood pellet grills are permitted.
- Grills must be used at a minimum distance of 10 to 15ft away from any structure.
- Using grills on the sidewalks is prohibited.
- Grills **cannot** be left unattended at any time while in operation.
- Dumping coals and ash from the grill onto the grass or pavement is **strictly prohibited**.
- Never, under any circumstances, should lighter fluid or matches be left unattended.
- Tenants are responsible for the clean-up of any grease, ash coals and food that spills.
- Accumulated debris from the grill is to be wrapped in aluminum foil and place in trash receptacles after cooling.
- Any tenant that fails to properly clean spills and accumulated debris will incur a fine of \$25.00.
- **Storage of Outdoor Charcoal, Hibachi and Wood Pellet Grills**
 - ✓ Outdoor grills can be stored in the back of each housing unit when not in use.
 - ✓ Outdoor grills can be stored in units in a clean and orderly manner, not blocking passageways and egresses and not in the utility closet.
 - ✓ Any unit that fails to properly store a grill will be fined \$25.00.
 - ✓ No storing of Lighter Fluids.
 - ✓ Grills cannot be stored in the front of an apartment.

NNRHA does not waiver any liability for any unsafe practices. If you have any questions please call your rental office.



From the Executive Director...



You can resolve to make your neighborhood a safer place. A Hot Spot Card with a pre-addressed stamped envelope is enclosed in each newsletter this month. If you know about any past criminal, any potential violence or any activity you suspect is illegal anywhere in our City, please use this card. It is completely anonymous. It can be dropped off at your rental office or mailed.

If you would like to talk to someone about any concerns you have, you can call NNRHA Safety and Security Officer at (757) 928-2660.

REAC INSPECTIONS – COVID-19 UPDATES AND INFO



- ✓ HUD resumed inspection operations in June 2021.
- ✓ HUD worked closely with the CDC and stakeholders to develop flexible protocols which included a 28-day notification period to property management before an inspection.
- ✓ Residents may opt out of having their unit inspected and an alternate unit will be selected.

RESIDENT CONCERNS

- ✓ Residents should communicate COVID-19 health or related concerns to their property representative. An alternative unit will be selected for inspection.
- ✓ The inspector and property representative will practice safe distancing and wear personal protective equipment (PPE) consistent with CDC guidance.
- ✓ Residents who are home may elect to leave or stay in the unit during the inspection.

PROPERTY CONCERNS

- ✓ PHAs/Owners & Agents may communicate COVID-19 related concerns at the 28, 14, and 2-day notification intervals.
- ✓ If you have any additional questions, please coordinate with your inspector or you may reach out to REAC's Technical Assistance Center (TAC) at 888-245-4860.
- ✓ PHAs/Owners & Agents may reference the REAC Inspector Notice No. 2020-01 for additional detail:
<https://www.hud.gov/sites/dfiles/PIH/documents/COVID19InspectorProtocolNotice2021-01.pdf>

REQUESTS TO POSTPONE

- ✓ All requests to postpone inspection must be communicated to the Technical Assistance Center (TAC): 888-245-4860.
- ✓ REAC works with properties and inspectors to analyze postponement requests on a case-by-case basis, balancing COVID-19 conditions with the risks of not inspecting.
- ✓ REAC will coordinate with Multifamily and Public Housing leadership to ensure it evaluates all relevant factors.
- ✓ On the day of the inspection, the inspector is required to report to the Technical Assistance Center property-level COVID cases.

https://www.hud.gov/program_offices/public_indian_housing/reac

Micro Enterprise Grant

A new pilot program to support the City's Southeast Community, the Micro Enterprise Grant Program, has been established to assist in the creation and growth of viable micro businesses in the City of Newport News.



FINANCIAL ASSISTANCE

One-time grant amount between \$500 and \$3,500



TRAINING

- Counseling Sessions
- Small Business Outreach



SUPPORT

- Technical Assistance
- Business Plan Development
- Ongoing guidance

HOW ARE YOU ELIGIBLE?

- Five (5) or fewer employees or persons that plan to create such an entity
- Be a for-profit Micro-Enterprise Business
- Be located or locating within the defined geographic area
- Be Low to Moderate Income (LMI) and/or the business must service a LMI area
- Have a Newport News Business License
- Be current on all local taxes or fees
- Complete pre-approved counseling sessions or workshop

TO APPLY OR FOR ADDITIONAL INFORMATION:

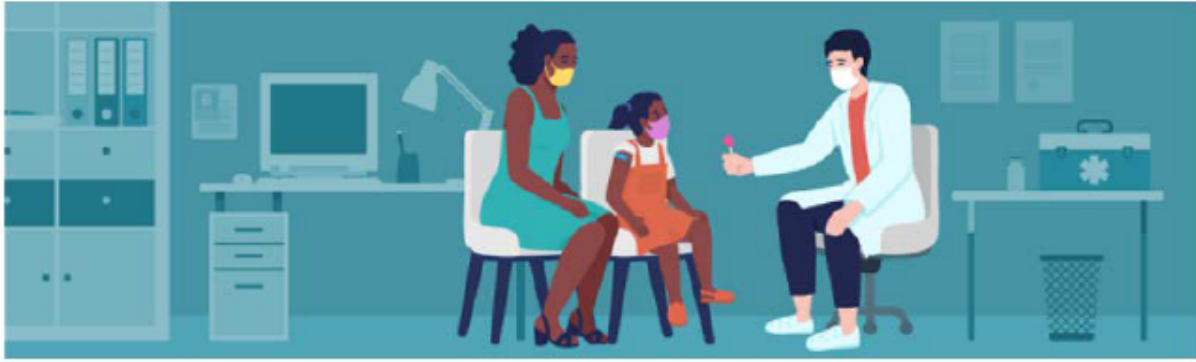
Visit www.nnva.gov/development or

Contact Priscilla Green at:

Phone: (757) 509-2587

Email: greenpa@nnva.gov

Newport News
Where Great Things Are Happening



COVID-19 Vaccines & Children

CDC now recommends COVID-19 vaccines for children

6 months through 5 years of age

Help Protect Your Child, Your Family, and Others

Getting a COVID-19 vaccine can help protect preschoolers and infants from getting COVID-19.

- Vaccinating children can help protect family members, including siblings who are not eligible for vaccination and family members who may be at increased risk of getting very sick if they are infected.
- Vaccination can also help keep children from getting seriously sick even if they do get COVID-19.

Help protect your whole family and slow the spread of COVID-19 in your community by getting yourself and your children vaccinated against COVID-19.

COVID vaccines are widely available at pharmacies, local health departments, clinics, Federally Qualified Health Centers and other locations across the state. Visit [Vaccines.gov](https://www.vaccines.gov) to find appointments near you or contact your local pharmacy or provider.

ATTENTION!

THE FAMILY INVESTMENT CENTER HAS MOVED FROM RIDLEY TO MARSHALL COURTS RECREATION CENTER

Same great training opportunities... come to
our new location.

FREE TRAINING PROGRAMS

The Family Investment Center offers free training in the following courses:

CNA;
Self-Paced Typing;
Employability Skills Workshops;
Resume and Interviewing Prep;
Job Lead Assistance;
Homeownership.

*Call 757-928-3680 if you have
questions*

PROGRAMA LIBRE DE INSTRUCCION

Centro de Trabajo Para la Familia ofrece los Cursos que sigue:

- Mecanografía;
- Habilidades de obrero;
- Ayuda consu resumen y su entrevista;
- Como se encuentra trabajo;
- Como encontrar y poseer una casa.

Centro de Trabajo
Para La Familia

Lunes - Viernes
8 de le mana - 4:40 de la tarde

757.928.3680 ingles
757.928.6146 espanol

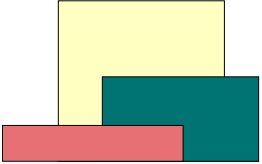
Same great training opportunities...
come to our new location

The Family Investment Center

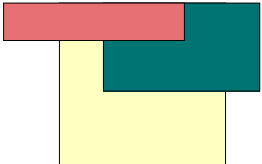
~ NEW LOCATION ~

Marshall Courts Recreation Center
3301 Marshall Avenue•Newport News, VA
Monday thru Friday
8:00 am – 4:30 pm
757.928.3680





Coronavirus: Keeping you informed



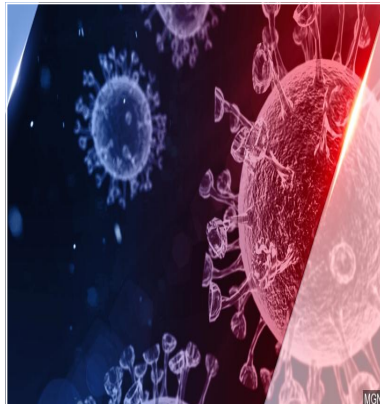
Coronavirus Update from the Virginia Peninsula Foodbank

During times of crisis, the Foodbank plays an important role in meeting community needs. In response to the coronavirus, the Virginia Peninsula Foodbank has been working to provide food to people who might otherwise go hungry.

The Foodbank's Mobile Food Pantry Program is distributing food in high-traffic spots across the peninsula and they are working with partner agencies to ensure people receive the food they desperately need. The team from the Foodbank's Culinary Training Program is preparing breakfast and lunch grab-and-go bags for children throughout our local area. The Foodbank has also hosted several large-scale public food distribution events to help individuals and families struggling to locate healthy meals. During a distribution event in Newport News last week, they provided food to support 500 households.

If you are struggling to get the food you and your family need, please visit the Get Help page on the Foodbank's website to locate a mobile food pantry or partner agency that can help. Please call prior to visiting to confirm hours of operation, as distribution plans change quickly and without much notice.

Due to the increased demand for food in grocery stores, the Foodbank has seen a significant decrease in food pick-ups and store donations, which means personal donations are even more important. You can still drop food donations off at their Hampton headquarters at 2401 Aluminum Avenue. All donations are quarantined for 72 hours before they are available to be distributed. You can make a monetary donation to help purchase truckloads of supplies, donate through YouGiveGoods or purchase through online retailers to ship items directly to the Foodbank's doors. For additional information on any of these options, you can contact Tracy Hansbrough at thansbrough@hrfoodbank.org.



NEWPORT NEWS HEALTH DEPARTMENT

Call center is open 8 AM - 6 PM

Please call 757•594•7069

If you have questions about where to
get tested if you are experiencing
COVID-19 symptoms.



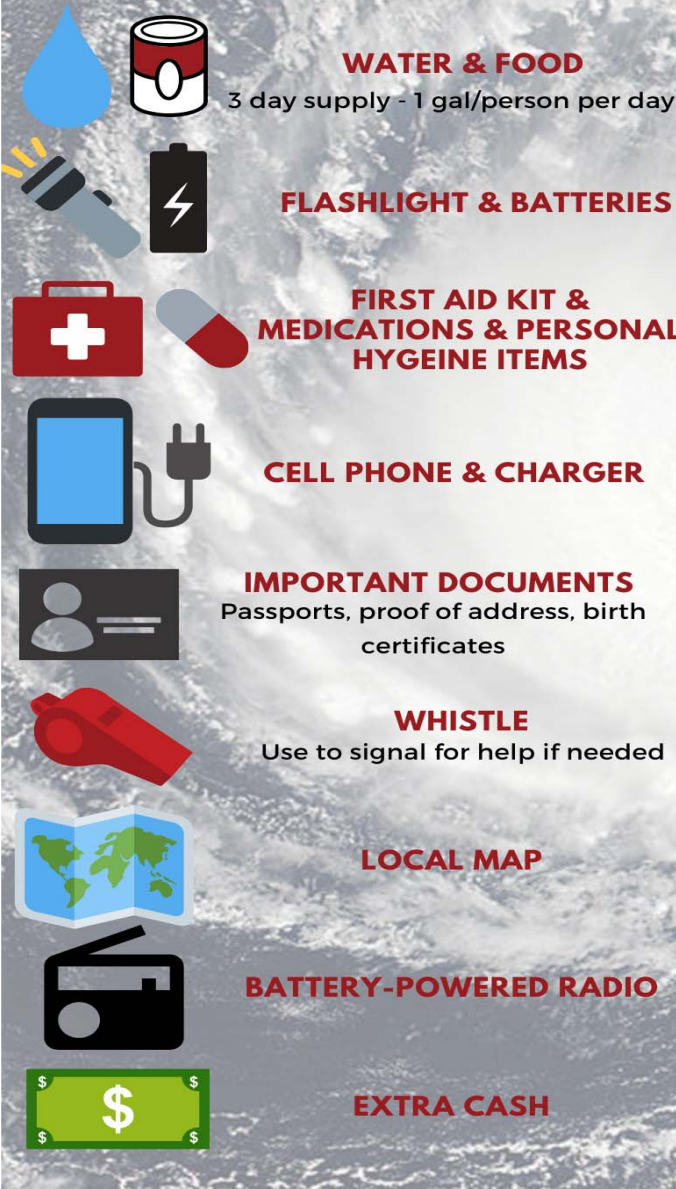
We encourage you to self-report illness or quarantine if you are not feeling well. This will prevent spreading the COVID 19 to your loved ones and friends.

Hurricane Preparedness 2022

OnDemand Public Transit Comes to Hampton Roads

Pilot Program

HURRICANE EMERGENCY SURVIVAL KIT



For more information, contact your local
Emergency Management office or the Virginia
Department of Emergency Management

(804) 897-6510 or www.vdem.state.va.us

[Hampton Roads Transit \(HRT\) OnDemand](#) begins operating Sunday, July 10 in select areas of Newport News and Virginia Beach, offering residents an easy and affordable way to get around. This unique service allows customers within designated service zones to request a shared ride using a smartphone app.

The goal of HRT OnDemand is to explore how on-demand transportation can be used to expand the region's access to flexible, equitable mobility, and make it easier for residents to connect with existing public transit options. Customers can book a ride by using the HRT OnDemand mobile app (available in the [Apple Store](#) and on [Google Play](#)) or by calling (757) 979-2955.

Once a ride is entered with pickup and drop-off locations, the system will provide ride options for time and location. Riders are directed to a nearby "virtual bus stop," located within a short distance and a driver is dispatched to meet them at that location. Customers will be picked up in a van displaying the HRT logo and rideshare brand. Rides are shared by users; passengers will have a seat based on availability.

HRT OnDemand will operate Monday through Friday from 5 a.m. until 9 p.m., and Saturday and Sunday from 7 a.m. until 8 p.m. Beginning July 25, the cost is just \$2 per ride. Students with a [Student Freedom Pass](#) and [paratransit-certified](#) users ride free throughout the program's duration. Wheelchair-accessible vehicles are available.

This six-month pilot program is funded through a grant from the Virginia Department of Rail and Public Transportation and the cities of Newport News and Virginia Beach. HRT OnDemand is only operating in select areas within Newport News and Virginia Beach. In mid-January, it will be evaluated for its effectiveness, ridership performance, and lessons learned. For complete information, visit gohrt.com/OnDemand.



What You Need To Know About Section 3

Section 3 Act

Section 3 of the Housing and Urban Development Act of 1968 (12 U.S.C. 1701u)(as amended), requires that economic opportunities generated by certain HUD financial assistance for housing (including Public and Indian Housing) and community development programs shall, to the greatest extent feasible, be given to low and very low-income persons, particularly those who are recipients of government assistance for housing, and to businesses that provide economic opportunities for these persons.

Who Are Section 3 Residents?

Other HUD programs covered by Section 3 (to distinguish between HUD Public and Indian housing programs) are those that provide housing or community development assistance for housing rehabilitation, housing construction, or other public construction project.

Public housing residents including persons with disabilities.

Low and very low income persons who live in the area where a HUD assisted project is located.

What is a Section 3 Business?

A section 3 business is one:

That is owned by Section 3 residents
Employs Section 3 residents or;
Subcontracts with businesses that provide opportunities to low and very low income persons.

► What types of Economic Opportunities are available under Section 3?

- Jobs and Employment opportunities
- Training and Educational opportunities
- Contracts and Business opportunities

► Who will provide the Economic Opportunities?

- Recipients of HUD financial assistance and their contractors and subcontractors are expected to develop a Section 3 Plan to assure that economic opportunities to the greatest extent feasible, are provided to low and very low-income persons and to qualified Section 3 businesses. One element of that Plan is the use of a Section 3 clause which indicates that all work performed under the contract is subject to the requirements of Section 3.

► Who receives Economic Opportunities under Section 3?

For training and employment:

- persons in public and assisted housing;
- persons in the affected project neighborhood;
- participants in HUD Youth-build programs;
- ♦ homeless persons.
- ♦

For contracting:

- businesses which fit the definition of a Section 3 business.

► How can individuals and businesses find out more about Section 3?

For contracting opportunities contact:

The Office of Human Affairs
Representative: Emmagene Slade
392 Maple Avenue, P.O. Box 37
Newport News, VA 23607
Phone: 757-247-6747 Fax: 757-380-1269

For training and employment opportunities contact:

Representative: LaSandra Wingate
Newport News Redevelopment and Housing Authority
P. O. Box 797
Newport News, VA 23607-0797
Phone: 757-928-2628

**NEWPORT NEWS REDEVELOPMENT AND HOUSING AUTHORITY
SECTION 504 REQUEST FOR A REASONABLE ACCOMMODATION**



PUBLIC HOUSING

**RETURN THIS COMPLETED FORM TO YOUR
MANAGEMENT OFFICE**

Tenant's Name: _____

Complex Name: _____

Address/Apt. #: _____ Zip _____

Telephone #: _____

The Newport News Redevelopment and Housing Authority (NNRHA) is required by law to provide special services, transfers or modifications to apartments, buildings or grounds to meet the needs of tenants with disabilities. These are called reasonable accommodations. NNRHA may require documentation to support a claim for a reasonable accommodation. The information supplied will be kept confidential pursuant to law.

NNRHA will work with you to determine how to fulfill your request.

Tenant's Signature _____ Date _____

_____ No one in my household has a disability.
(I do not need to complete the rest of this form)

_____ I am not requesting NNRHA to provide an accommodation at this time.

The following person (s) in my household has/have a disability and need one or more of the reasonable accommodations below:

- | | |
|--------------------------------|--------------------------------|
| _____ Uses a wheelchair | _____ Uses a walker |
| _____ Vision impaired | _____ Hearing impaired |
| _____ Grab bars | _____ Audio visual smoke Alarm |
| _____ Door bell light signaler | |

_____ Other accommodations, please explain:

The Heat is Turning Up!

Are you struggling to keep your home cool during the summer?

The *PAA Senior Cool Care* program provides single room air conditioners or fans to income-eligible seniors who need help cooling their homes. It is funded by Dominion Energy and administered through the Virginia Department for Aging and Rehabilitative Services (DARS).

- You may qualify if:
- You are a Virginia resident living in PAA's coverage area of Newport News, Hampton, York County, Poquoson, James City County or Williamsburg.
 - Meet income guidelines
 - Age 60 or older



This program runs June 1 through the last working day of September. The fans and air conditioners are issued on a first-come basis while funding lasts.

To find out if you are eligible, call us today and speak with one of our coordinators.

(757) 873-0541

FIRE SAFETY FOR APARTMENT LIVING

Newport News Fire Department Newsletter

Community Risk Reduction Division, Public Education Bureau
610 Thimble Shoals BLVD, BLDG. 6 (757) 975-5400



www.nngov.com/fire

SUMMER 2022

Make Fire Safety A Habit

Fire Safety Begins With You!



Protect Your Family:
Take Care of your
Smoke Alarm.



Practice Your Home
Escape Plan: **GET OUT
& STAY OUT!**



Unattended Cooking
is STILL #1 cause of
home fires!



Visit these sites for
more Fire Safety Info!

Protect Your Family: Fire is fast; you have LESS than 2 minutes to get out safely & smoke kills more people than the flames. Working Smoke Alarms Double Your Chance Of Survival.

- Test alarms monthly following the manufacturers' instructions & alert Apartment Manager if you have problems with your alarm



Navigating the SBA's Website

Join the U.S. Department of Housing and Urban Development & the SBA to learn about business resources. This workshop will center around navigating the SBA's website.

Counseling

The SBA offers free workshops and seminars throughout the state. Free one-on-one counseling assistance is also offered through SBA funded resource partners in loan preparation, building a business plan, marketing, contracting, and much more. To find the resource partner in your area, please click on the link.

[Small Business Administration \(sba.gov\)](https://www.sba.gov)

Home Page

[Richmond District Office | The U.S. Small Business Administration | SBA.gov](#)

Planning Your Business

[Small Business Administration \(sba.gov\)](https://www.sba.gov)

Funding Programs

[Small Business Administration \(sba.gov\)](https://www.sba.gov)

Contracting

[Small Business Administration \(sba.gov\)](https://www.sba.gov)

Learning Center

[SBA Learning Platform](https://www.sba.gov)

Local Assistance

[Small Business Administration \(sba.gov\)](https://www.sba.gov)

Federal Resources

[Official Guide to Government Information and Services | USA.Gov](https://www.usa.gov)

Virginia-Richmond District Office
400 N. 8th St. Richmond, VA 23219
(804) 771-2400
Email: Richmond.Va@sba.gov

The VA-Richmond Office provides SBA programs and services to the entire state. Working with SBA resource partners throughout the state, we can help you start, grow and achieve business success.

**For further information and list of events near you, please visit our website at: www.sba.gov/va
Follow us on Twitter: [@SBA_Virginia](https://twitter.com/SBA_Virginia)**

General Overtime Guidelines

Maintenance staff will respond to the following calls:

1. Gas Leaks;
2. Electrical Problems;
3. Smoke Detector;
4. Power Outages (only at Pinecroft, Ashe Manor, Spratley House, Ridley and Marshall);
5. No Heat between 5:00 p.m. on Friday and 8:00 am on Sunday or holidays if the next day is a working day. If the next day is not a working day, accepts calls until 6:00 p.m.
6. Floods and Sewer Problems;
7. Broken Windows;
8. Collapsed ceiling or damaged roofs;
9. Commode stopped up (if two in apartment hold to next day if that is a normal business day);
10. Lock Out/Lock Change;
11. Damaged Exterior Doors;
12. Fire.

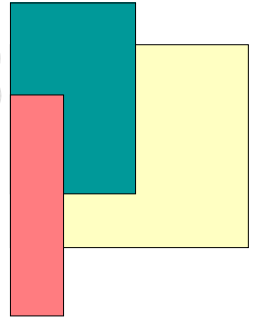
Note to Residents: If you believe the situation can wait until the next day, call first thing in the morning.



MISSION STATEMENT

The mission of the Newport News Redevelopment and Housing Authority (NNRHA) is to create affordable housing, viable neighborhoods, and opportunities for self-sufficiency that enhance the quality of life for all citizens of Newport News.

Manager's Corner



Requested Work Orders

Public Housing

Marshall Courts	(757) 928-6154
Ashe Manor	(757) 928-6187
Aqueduct	(757) 833-5700
Pinecroft	(757) 269-4300
Orcutt Townhomes I	(757) 928-6187



- Marshall (757) 928-6181

Tax Credit Properties

Oyster Point	(757) 269-4307
Brighton	(757) 591-3280
Cypress Terrace	(757) 833-5720
Orcutt Townhomes III	(757) 928-6187
Lassiter Courts	(757) 928-2690
Great Oak	(757) 592-7448
Jefferson Brookville	(757) 928-2690
Spratley House	(757) 928-6187

***USE ONLY AS AN ALTERNATE NUMBER**

**Please use this number ONLY after 5:00 pm
(757) 247-0484**

REHABILITATION ASSISTANCE



We all know the heartache and devastation that drugs can bring to our families.

If you or anyone you know and love is affected by substance abuse help is available.

Program Name	Services	Payment
Tidewater Area Hot Line 459-8467	Narcotics Anonymous	No fees
Narcotics Anonymous VA Regional Hot Line 1-800-777-1515	Support group for recovering substance abusers.	No fees
Hampton Roads Clinic Reflections 827-8430	Outpatient Counseling I.V. Methadone Maintenance 30-45 day Residential Facility	Sliding fee Scale Medicaid
Project Link 245-0217	Case management and coordination services for prenatal abuser	Sliding fee Scale Medicaid
AI Anon/Alateen 1-888-425-2666	Support group Alcoholism-friends/relatives and teens.	No fees
AA Hotline 595-1212	12 Step Program	No fees
Peninsula Area Help Line 875-9314	Narcotics Anonymous	No fees
Advanced Recovery Systems	Alcohol, Eating Disorders and Substance Abuse	Private Insurance

FILING A COMPLAINT...



Here is the Customer Service

Hotline Number:

757-928-3680

A TENANT HOTLINE IS A FREE SERVICE FOR TENANTS LIVING IN PROPERTIES OWNED AND MANAGED BY THE NEWPORT NEWS REDEVELOPMENT AND HOUSING AUTHORITY. WHEN FILING A COMPLAINT, YOU MUST STATE YOUR FULL NAME, ADDRESS, AND TELEPHONE NUMBER AND SPEAK AS SLOWLY AND CLEARLY AS POSSIBLE.

WE WILL CALL YOU BACK WITHIN 48 HOURS REGARDING YOUR CONCERNS.

THANK YOU



The waiting list for housing assistance at the Warwick SRO is open for single room occupancy only.

Please call (757) 928-6060, Monday-Friday, from 9:00 a.m. - 4:00 p.m. to schedule an appointment.



This newsletter is published by



Newport News Redevelopment and Housing Authority
PO Box 797
Newport News, VA 23607

News Coordinator and Layout ~ Lisa Artis

DEPARTMENT OF HEALTH EQUITY

BUILDING COMMUNITY HEALTH TOGETHER



Keith Newby, M.D.
Medical Director



Iris Lundy, RN, MHL
Senior Director



Vanessa Hill, MPH, PMP
Health Equity Project Manager



Destiny Flanagan
Intern

SOUL FOOD MINUTE:
"Vulnerability sounds like truth and feels like courage. Truth and courage aren't always comfortable, but they're never weakness."
— Brené Brown

THE ABC'S OF HEPATITIS

Hepatitis means inflammation of the liver. Hepatitis is often caused by a virus. The most common types of viral hepatitis are hepatitis A, hepatitis B, and hepatitis C. [Virginia Department of Health](#) has noted an increase in hepatitis.



Symptoms of Hepatitis

Early:

- muscle pain (myalgia)
- joint pain (arthralgia)
- headache
- fever
- nausea

Tell-tale:

- jaundice
- choloria (darkening of urine)

verywell

Verywell / Gary Fezter

A	<ul style="list-style-type: none"> Very contagious Spread through close personal contact with an infected person or through eating contaminated food or drink Vaccine available
B	<ul style="list-style-type: none"> Spread when blood, semen, or other body fluids <ul style="list-style-type: none"> Sexual contact Sharing needles Mother to baby at birth Vaccine available
C	<ul style="list-style-type: none"> Can result in serious, even life-threatening health problems like cirrhosis and liver cancer Spread through contact with blood from an infected person No vaccine

EMPOWER YOUR HEALTH WITH DR. NEWBY



I was with a patient today and they showed me their eyes and asked if a blood vessel had popped. The vessel popped and the white of the eye was red. I was then asked what caused it. I responded that the eyes are not only the "windows to the soul," but they may also reveal underlying health conditions. The blood vessels in your eyes may be linked to heart health issues. For example, high blood pressure can damage the flow of blood to the eye. This can lead to blurred vision, eye swelling, bleeding in the eye, or damage to the nerve. Eye health and blindness is also linked to diabetes, which of course is also linked to heart disease.

As a cardiologist, I will advise you on the best way to prevent and maintain your heart health. But, don't neglect your eye care. An eye specialist, or an ophthalmologist, is a great partner in early detection of heart health issues. Do not neglect your preventative eye care. It just may reveal an underlying health issue to get you to see a doctor like me.

DID YOU KNOW BEBE MOORE-CAMPBELL? Bebe Moore Campbell



was an author, advocate, co-founder of NAMI Urban Los Angeles and national spokesperson, who passed away in November 2006. She advocated for mental health education and support among individuals of diverse communities. "Once my loved ones accepted the diagnosis, healing began for the entire family, but it took too long. It took years.

Can't we, as a nation, begin to speed up that process? We need a national campaign to destigmatize mental illness, especially one targeted toward African Americans. It's not shameful to have a mental illness. Get treatment. Recovery is possible." For more information visit <https://www.thehistorymakers.org/biography/bebe-moore-campbell-41>

TOGETHER for Mental Health

#Together4MH

A person of color is more likely to be incarcerated than have their mental health condition identified. Unfortunately once incarcerated, they're less likely to receive mental health care.

nami.org/namimentalhealth

TOGETHER for Mental Health

#Together4MH

"The effect of racism and social trauma on mental health is real and cannot be ignored. The disparity in access to mental health care in communities of color cannot be ignored. The inequality and lack of cultural competency in mental health treatment cannot be ignored."

nami.org/namimentalhealth

For more information on our services HealthEquity@sentara.com

